

# PEL: PE ACT/LAND OBJECT ORIENT

Courses	Credit(s)	Contact	Lab
PEL 1121. GOLF I. GOLF I Basic fundamentals pertaining to grip, stance, posture and swing. Work with woods, irons, chipping and putting. Discussions on rules of play, etiquette and purchase and care of equipment. Emphasizes recreational and carry-over values of golf.	2	2	0
PEL 1321C. VOLLEYBALL I. VOLLEYBALL I Designed for casual or intramural participants interested in improving skills of forearm pass, set, spike, dink, block and overhand serve. Covers rules and game strategy. (Special Fee: \$11.00).	2	2	2
PEL 1341C. TENNIS I. TENNIS I Designed specifically for beginning tennis player. Body movements, positioning, footwork and stroke techniques introduced and related to forehand drive, backhand drive, fore and backhand volley and serve. Practical playing experience teaches rules, etiquette and some strategy. Equipment furnished. (Special Fee: \$11.00).	2	2	2
PEL 1342C. TENNIS II. TENNIS II For students developing advanced skills of good tennis player. Introduces lob, overhead and drop shot; emphasizes advanced development of fundamental strokes. Practical playing experience aids in teaching strategy. Students enrolling need better-than-average tennis form for ground strokes, volley, and serve. Playing experience suggested. (Special Fee: \$11.00).	2	2	2
PEL 1441. RACQUETBALL I. RACQUETBALL I Introduces student to fundamental skills needed to enjoy racquetball. Basic strokes, footwork, body movement and positioning in conjunction with court etiquette and rules.	2	2	0
PEL 1621C. BASKETBALL I. BASKETBALL I Designed for casual or intramural participants interested in improving skills of shooting, passing and catching, dribbling and rebounding. Also covers rules and offensive and defensive team strategy. (Special Fee: \$10.00).	2	0	2
PEL 2122. GOLF II. GOLF II Review of basic fundamentals. Advanced skills and emphasis on play and tournaments. Open to any student with departmental approval.	2	2	0
PEL 2322. VOLLEYBALL II. VOLLEYBALL II For students with intermediate and/or advanced offensive and defensive skills. Review of basic fundamental skills and emphasis on advanced development of fundamental skills and strategies. (Special Fee: \$11.00).	2	2	0
PEL 2442. RACQUETBALL II. RACQUETBALL II For students developing advanced skills of a good racquetball player. Emphasizes advanced development of fundamental strokes and introduces overhead, ceiling ball, z-shot. Practical playing experience aids in teaching techniques and strategy. Open to all students with departmental approval.	2	2	0
PEL 2622C. BASKETBALL II. BASKETBALL II For students with intermediate and/or advanced skills. Review of basic fundamental skills and emphasis on advanced development of skills and strategies. (Special Fee: \$10.00).	2	0	2