

# BAYCARE STUDENT ASSISTANCE SERVICES

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Valencia College has contracted with a private and confidential counseling service to provide short-term assistance to students who need to resolve problems that are affecting their college performance. Examples might include: stress, relationship/family issues, alcohol/drug problems, eating disorders, depression, and gender issues.

Students who are experiencing any of these issues and who are enrolled in classes at Valencia should call the toll-free number 1-800-878-5470 to speak to a professional counselor. If needed, the counselor may refer the student to appropriate resources or to speak face-to-face with a licensed counselor. For more information, call or visit a Counselor in the Advising Center on any campus or visit <https://valenciacollege.edu/baycare> (<https://valenciacollege.edu/baycare/>).

BayCare services can also be reached through Video Relay Interpreters, Telecommunications Relay Service (TRS), at (800) 878-5470 or via email at [BayCareSAP@baycare.org](mailto:BayCareSAP@baycare.org).